



WISDOM IN YOUR LIFE
Psychological and Aboriginal Ways



Healing
Healing Your Mind

Healing programs

Using Aboriginal ways of story, song, art, movement and language within a Psychological structure we offer powerful and unique techniques for mental health. No matter what has happened to you or what you have done there is a way through, we will teach you how to heal.

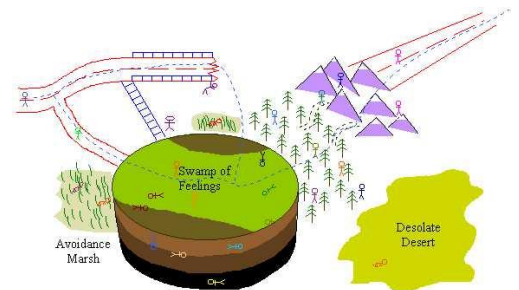


Healing through 'the map'

Fri 14th and Sat 15th Sept, 2018

Using the 'map of loss'

- We will show ways to heal emotionally and mentally
- We will show the cycles of violence and ways to get out
- We will show the disconnection from self and ways to reconnect
- We will have fun, sadness and laughter



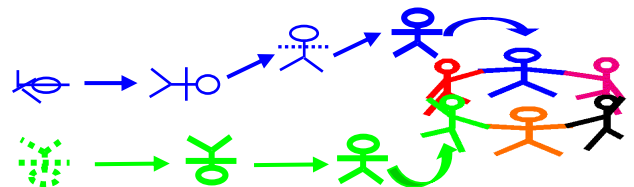
Healing through 'your compass'

Fri 5th and Sat 6th Oct, 2018

(NB. MUST complete Healing through 'the map' first)

Using 'your compass'

- We will show ways to balance and centre your life
- We will show you ways to find your core being
- We will have fun, sadness and laughter



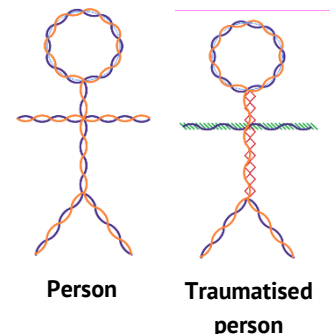
Healing the energy patterns of trauma and abuse

Fri 19th and Sat 20th Oct, 2018

(NB. MUST complete Healing through 'the map' and Healing through 'your compass' first)

Building on 'the map' and 'your compass'

- We will show how abuse and trauma takes away power
- We will teach process to reclaim power
- We will look at how the abuser leave 'their mark'
- We will look at processes on how you can remove this 'mark'
- We will look at whatever you need to heal



Enrol online:

<http://www.wisdominyourlife.com.au/product-category/building-healthy-mind/>

9a Lanao Way, Atwell - 9am to 4.30pm

Workbooks, art supplies, morning and afternoon tea supplied.

Please bring your own lunch.

WISDOM in Your Life

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Find us on 



<https://m.me/wisdominyourlife>