

Where do you see it  
going?

Useful of the  
training.

maybe it will fit  
with my future work.

Continued integration

Contentment however  
momentary is a ~~transient~~ state  
of pleasure

learning

Expectations

I knew what  
to expect - but

each Map is different

(I am glad the group was  
small - the showing is deeper)

can think about  
what else I would  
draw given an  
opportunity to do  
this again.  
And I'm getting  
some oil pastels!

will be able to look at  
Map of less and  
think about where ~~along~~ in  
that cycle I might be  
with various things

Really hadn't  
thought about what to expect ->  
only that Jen said we'd be doing art  
and being creative and it would be fun.

Thanks so much for  
Appreciate your candour and expertise.  
My staff have really got a lot out  
of these workshops, as have I.  
Hopefully more next year!

More Next Year hopefully  
Do more drawing  
Do less thinking,  
Do more fun!

Learn't to let go as  
holding on is <sup>wasn't</sup> working!

Really liked the  
simplicity yet complexity  
of the Map.

Expected to have  
a good time

Concerned about too  
many emotions!

Heard really good things so  
I was very ~~but~~ happy to come

Tracey.

I'll try to present this to  
a family member who  
has experienced many losses.

This is an area I'd like to  
explore in my work in the future.

painting can be  
therapeutic and  
assist in integrating losses

It has made me question the  
dominant paradigm in therapy  
of "talk therapy".

Judging from the name of  
the course 'Map of Loss'  
I expected some kind  
of map to help  
deal with loss.

~~An~~ Away to navigate it, perhaps.