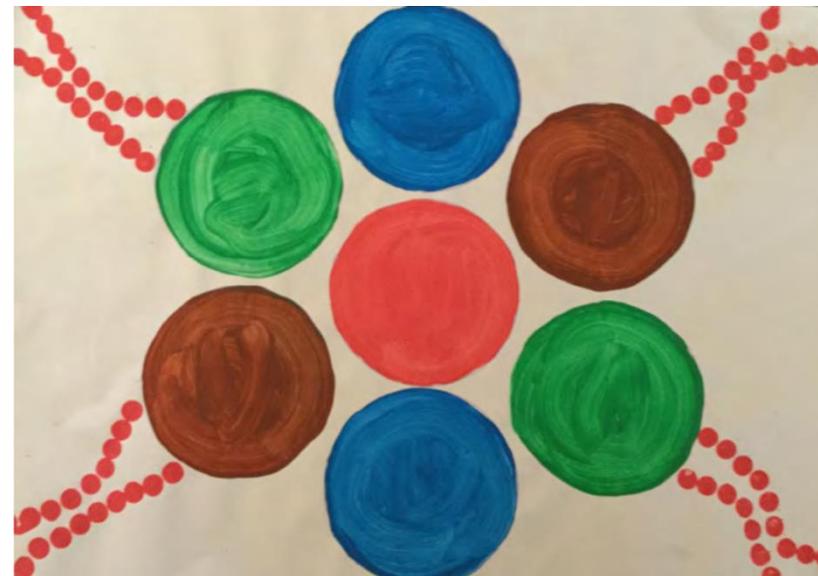
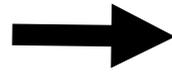


Eliminating Indigenous Disadvantage



Sustainable Social Change Model

A demonstration that may become the blueprint for eliminating social disadvantage worldwide. Imagine the possibilities.

An invitation,

We are eliminating Aboriginal disadvantage. We would love your support to reach this goal.

We are an Aboriginal company that has spent more than twenty years working with Aboriginal communities.

Our programs have had tangible outcomes. However, there has been no integration nor sustainability. It is heartbreaking to tell community members that we are unable to assist them due to funding politics. The ineffective funding further perpetuates dependence “on the system” and drives disharmony. Most funding opportunities target symptoms while ignoring root causes.

Aboriginal community leaders and research investigators have identified that the root cause of Aboriginal disadvantage is transgenerational trauma, intergenerational trauma and systemic racism. Transgenerational trauma is the emotional damage transferred from one generation to the next. Intergenerational trauma is the transference of historical oppression and its negative consequences. The negative impact of both traumas can be eliminated by providing integrated, inclusive evidence based psychological intervention programs, customised for the local community.

Systemic racism becomes internalised by Aboriginal people and is experienced as disempowerment. The impact of disempowerment is profound. While it may trigger anti-social behaviour, many respond by ‘holding themselves back’. They won’t apply for jobs, are not visible for promotion, abandon study, and won’t speak up, especially on racist policy action. Every university has Indigenous scholarships that go unclaimed, many jobs are unfilled, and low participation rates in many areas. Everyone tries to be small.

Case in point: our company director, Shaun Nannup. Champion swimmer at 12. Then stopped. Champion footballer by 20. Then stopped. Champion golfer by 25, on the cusp of turning professional, then stopped. By 28, spent every minute of every day wanting to die. He had over 15 years of cultural connections. He lived “on country”. His family were well respected members of the community. His parents were active, working and secure. Yet, this was NOT enough to stop him wanting to die.

He began inclusive and integrated interventions with psychologist, Roslyn Snyder. For the first two years he attended group programs, when the funding ceased, he and his family paid for individual sessions. After three years he had completed enough healing to abandon his daily thoughts about dying. In total, Shaun required 5 years of psychological intervention to be emotionally strong enough to work again. His emotional recovery continued to grow as he assisted Roslyn in running healing programs. During this time Shaun challenged racial norms within his family, his community, and now has the skills to challenge the broader non-Aboriginal community. His current focus is to challenge corporate leaders to challenge their own interactions with Aboriginal Australians. Shaun’s TEDx talk Freedom: <https://www.youtube.com/watch?v=5REnirUtsSs>

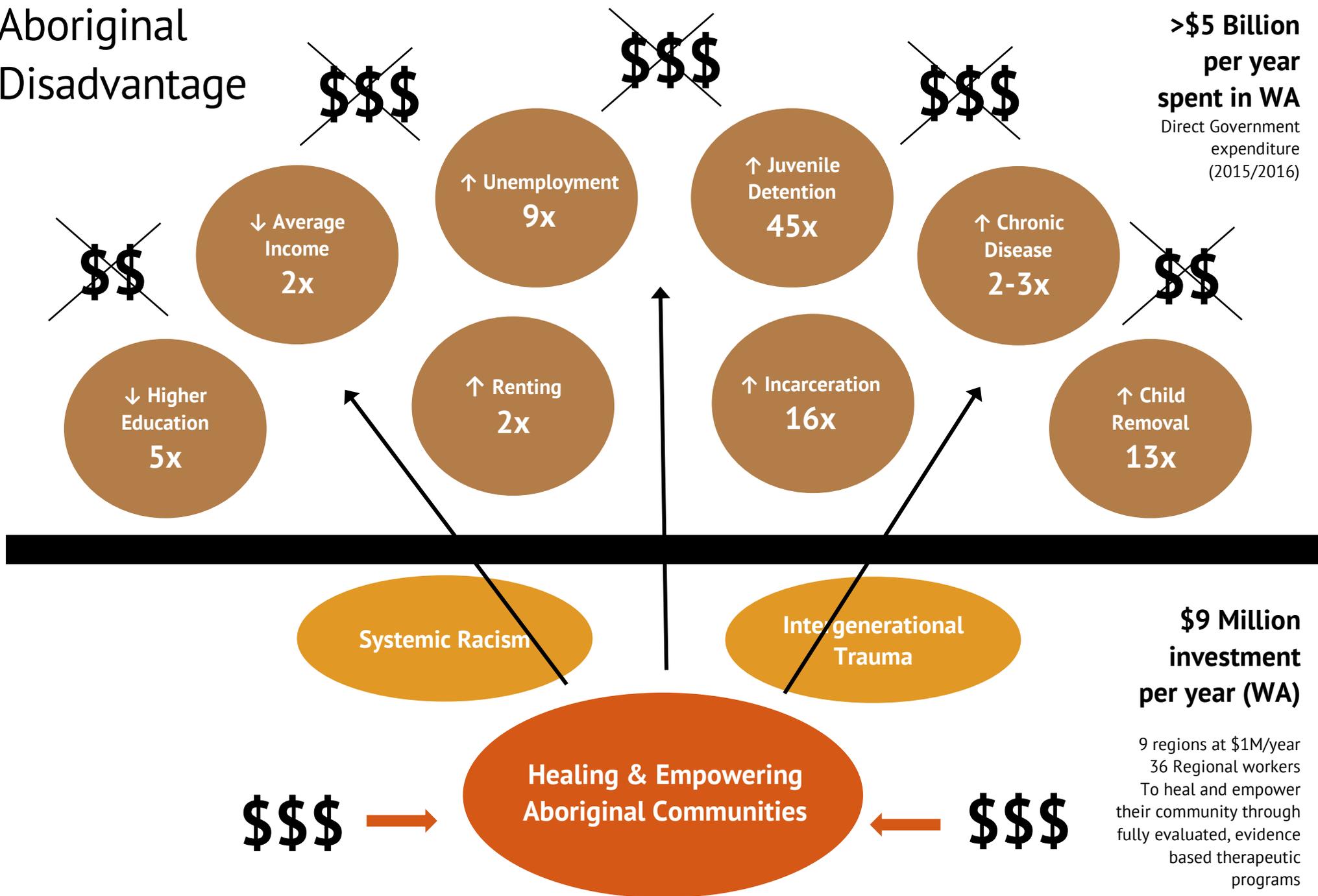
Imagine having an actualised community that assists trained facilitators to support their regional area to realise their aspirations. This is how you create a sustainable change.

Eliminating Aboriginal disadvantage will take a generation to unwind. However, by having a 10 year commitment to healing trauma and empowering Aboriginal communities will seed a sustainable change. After 10 years, there will be enough healed Aboriginal people and Aboriginal communities to create their own momentum for the process to be self-sustaining. Our documented evidence over 18 years proves that this is the way to break the cycle of governmental dependence. Our goal is for a long-term commitment to an integrated, focused and sustainable intervention program targeting the root cause of Aboriginal disadvantage.

We are engaged with Aboriginal communities. We know we can help communities heal. We know we are able to empower communities. Help us help communities eliminate Aboriginal disadvantage.

**Shaun Nannup and Roslyn Snyder
Executive Directors
WISDOM in your Life**

Aboriginal Disadvantage



Disparity in Western Australia

Data	Aboriginal	Non-Aboriginal	Data Source	Reference
Population	97 681	2 519 491	Productivity Commission 2017	https://www.pc.gov.au/research/ongoing/indigenous-expenditure-report/2017/ier-2017-indigenous-expenditure-report.pdf
Total direct government expenditure in WA per person	\$ 51,436 /person	\$ 21,368 /person	Productivity commission 2017	https://www.pc.gov.au/research/ongoing/indigenous-expenditure-report/2017/ier-2017-indigenous-expenditure-report.pdf
Average Income per week	\$ 398	\$ 724	Census 2016	https://quickstats.censusdata.abs.gov.au/census_services/getproduct/census/2016/quickstat/IQ55
Unemployment	52 %	7.9 %	Prime Minister and Cabinet 2017	https://www.pmc.gov.au/sites/default/files/publications/indigenous/hpf-2017/tier2/207.html
Renting	60 %	28 %	Census 2016	https://quickstats.censusdata.abs.gov.au/census_services/getproduct/census/2016/quickstat/IQ55
Left school ≤ Year 9	12.5 %	6 %	Census 2016	https://quickstats.censusdata.abs.gov.au/census_services/getproduct/census/2016/quickstat/IQ55
Bachelor degree or above	4 %	20 %	Census 2016	https://quickstats.censusdata.abs.gov.au/census_services/getproduct/census/2016/quickstat/IQ55
Child Removal	53 /1 000	4.7 /1 000	AIFS	https://aifs.gov.au/cfca/publications/child-protection-and-aboriginal-and-torres-strait-islander-children
Children 10 – 17 in detention	27.2 /10 000	0.62 /10 000	AIHW	https://www.aihw.gov.au/reports/youth-justice/youth-detention-population-in-australia-2017/data Average for 2016/2017 (4 quarters)
Incarceration rates	3383 /100 000	206 /100 000	ABS	https://www.abs.gov.au/ausstats/abs@.nsf/Lookup/by%20Subject/4517.0~2016~Main%20Feature%20Western%20Australia~22
DV / Family violence	1 in 4	1 in 6 F 1 in 16 M	AIHW	https://www.aihw.gov.au/getmedia/8a9c041d-4c8b-4a84-9f2c-205af9fb3f12/aihw-aus-221-chapter-3-16.pdf.aspx
Suicide	M: 38 F: 13	M: 18 F: 6	ABS	https://www.abs.gov.au/ausstats/abs@.nsf/Lookup/by%20Subject/3303.0~2017~Main%20Feature%20Intentional%20self-harm%20in%20Aboriginal%20and%20Torres%20Strait%20Islander%20people~10
Chronic Disease	207 /1 000 YLL	90.2 /1 000 YLL	AIHW pg. ix	https://www.aihw.gov.au/reports/burden-of-disease/fatal-burden-2015-preliminary-estimates/contents/state-and-territory
Diabetes death rate	136 /100 000	14 /100 000	AIHW pg. ix	https://www.aihw.gov.au/reports/indigenous-health-welfare/health-performance-framework-2017-wa/formats
Hospitalisation due to injury	62 /1 000	24 /1 000	AIHW pg. ix	https://www.aihw.gov.au/reports/indigenous-health-welfare/health-performance-framework-2017-wa/formats
Preventable hospitalisations	93 /1 000	23 /1 000	AIHW pg. 128	https://www.aihw.gov.au/reports/indigenous-health-welfare/health-performance-framework-2017-wa/formats
Mental Health presentations	906 /1 000	301 /1 000	AIHW pg. 134	https://www.aihw.gov.au/reports/indigenous-health-welfare/health-performance-framework-2017-wa/formats
Hospitalisations due to alcohol	13.1 /100	1.5 /1000	AIHW pg. 136	https://www.aihw.gov.au/reports/indigenous-health-welfare/health-performance-framework-2017-wa/formats

Financial Benefits to Taxpayers

An integrative approach will have integrated outcomes and will save taxpayers across all areas of Aboriginal Disadvantage

Cost: \$90M over 10 years in WA

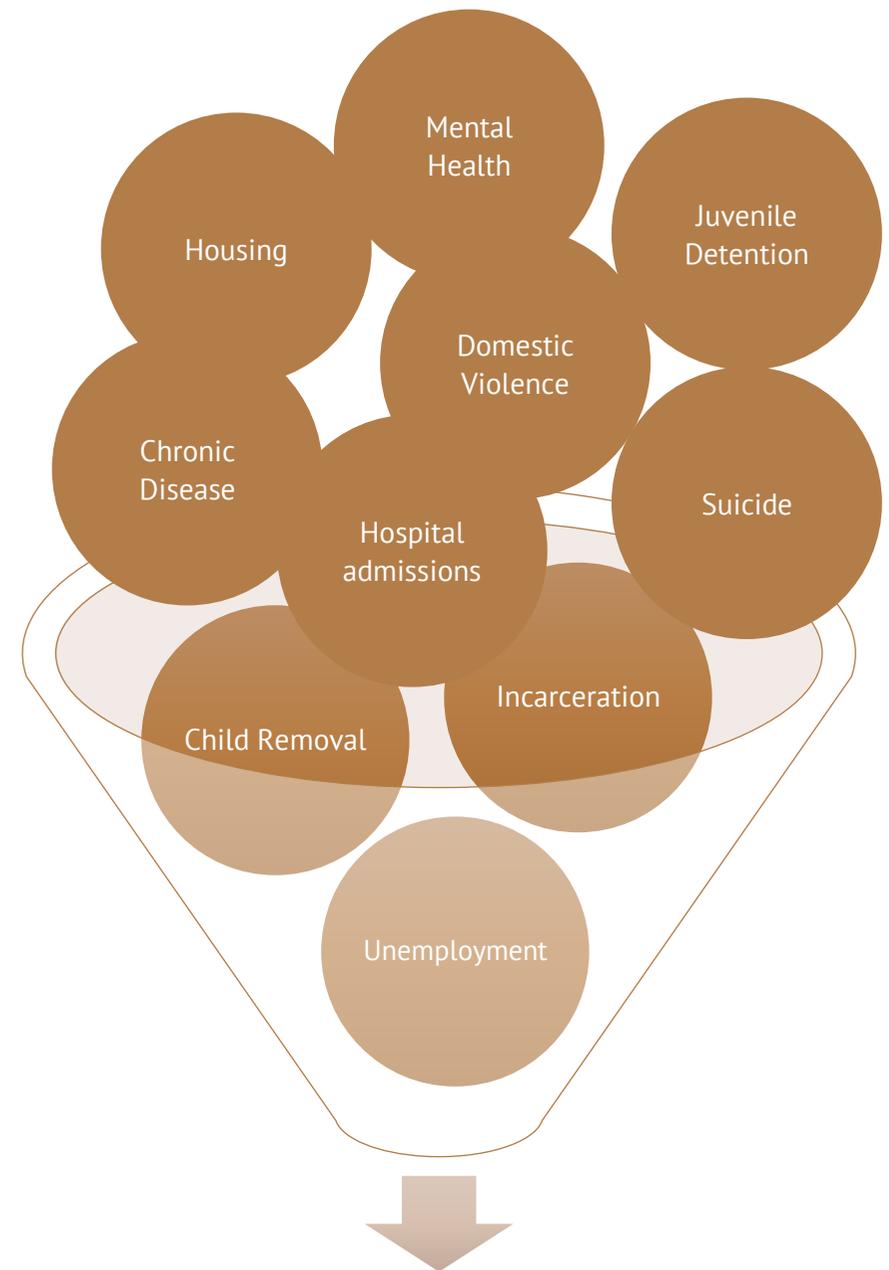
Estimated direct Government expenditure across all areas of Aboriginal Disadvantage in WA = \$5,000M/year or \$50B over 10 years.

Savings: \$676 M over 10 years in WA.

Minimum potential savings to taxpayers: (10% change in direct participants)

Savings: Could be \$3,000 M (50% change in direct participants)*

*this does not include the ripple effects throughout families when we target 3 or more in the family.



\$676 M over 10 years

Cumulative savings on direct costs

Year	Cost/Aboriginal person/year* (allowing for inflation)	Min No. of workshops delivered by WIYL	Min No. of Aboriginal participants	% total Aboriginal Population (cumulative)	Cumulative cost savings (assuming we affect change in a percentage of the Aboriginal participants undertaking our programs)				
					10%	20%	30%	40%	50%
Year 1	\$51,432	100	800	0.82%	4 \$M	8 \$M	12 \$M	16 \$M	21 \$M
Year 2	\$52,975	150	1200	2.05%	15 \$M	29 \$M	44 \$M	59 \$M	74 \$M
Year 3	\$54,564	220	1760	3.85%	35 \$M	70 \$M	106 \$M	141 \$M	176 \$M
Year 4	\$56,201	300	2700	6.61%	72 \$M	143 \$M	215 \$M	286 \$M	358 \$M
Year 5	\$57,887	300	2700	9.38%	125 \$M	249 \$M	374 \$M	498 \$M	623 \$M
Year 6	\$59,624	300	2700	12.14%	195 \$M	391 \$M	586 \$M	781 \$M	976 \$M
Year 7	\$61,412	300	2700	14.91%	285 \$M	569 \$M	854 \$M	1,139 \$M	1,423 \$M
Year 8	\$63,255	300	2700	17.67%	394 \$M	788 \$M	1,182 \$M	1,575 \$M	1,969 \$M
Year 9	\$65,153	300	2700	20.43%	524 \$M	1,048 \$M	1,572 \$M	2,096 \$M	2,620 \$M
Year 10	\$67,107	300	2700	23.20%	676 \$M	1,352 \$M	2,028 \$M	2,704 \$M	3,380 \$M
		2570	22660						

*Direct costs see Table of Disparity, inflation costs at 3%

Expected Social Benefits to Aboriginal Communities

↓ Average Income
~~2x~~ 1.5x

Extra \$6M to Aboriginal Families

2,800 extra children growing up in their families

↑ Child removal
~~13x~~ 4x

↓ Higher Education
~~5x~~ 4x

Extra 85 Aboriginal people in university

116 less children in detention/year

↑ Juvenile Detention
~~45x~~ 10x

↑ Unemployment
~~9x~~ 3x

12,600 more Aboriginal people working

691 extra free Aboriginal men

↑ Incarceration
~~16x~~ 3x

↑ Renting
~~2x~~ 1.5x

3,000 more Aboriginal families buying their own home

Minimal change to existing chronic disease, less newly diagnosed

↑ Chronic Disease
~~2-3x~~ 2x

WISDOM in your Life – Program Evidence

Evidence-based program design built on over 20 years of experience.

13 independent evaluations and one Doctoral thesis support and recommend our programs.

Consistent feedback from Aboriginal participants is that our programs need to be made available for anyone in the Aboriginal community and they need to be integrated across the state, flexible in the delivery, and must be sustainable.

1997 – 1999

Peel Youth Suicide Prevention

- 2 year project in the Peel region of Western Australia
- Funded by the Federal Dept of Health, in conjunction with Winjan and Murray Districts Aboriginal Corporations
- Evaluated by UWA Social Work and Social Policy Department
- **Community went from despair to hope**
- **67 young Aboriginal people engaged**
- This program then formed the basis of the Australian Institute of Family Studies (AIFS) best practice guidelines for youth mental health

2001 – 2004

MercyCare Mirrabooka – Mental health program

- Personal support program for long term unemployed with mental health concerns
- Evaluated by MercyCare
- **90-95% improvement on functionality (drug use, alcohol, social engagement, depression, anxiety)**

2001 – 2003

Midland Brick and Hills Community Support Group – Aboriginal Employment Program

- 2 year project extended by 1 year
- Funded by the Department of Training
- Aboriginal employment program between Hills Community Support Group and Midland Brick
- **26 out of 27 (95%) repeat offenders did not re-offend for 7 years**
- **Won the Prime Minister's Community Business Partnership Award in 2005**

2002 – 2003

Injury Control Council of WA (ICCWA) – Collie Chronic disease project

- 2-year project funded by the Federal Department of Health and Aboriginal Affairs.
- Evaluation by Peel South West Division of General Practice

2004 – 2009

Various contracts with various agents

- Weekly group sessions for families of alcohol and drug abusers - Palmerston

- One off camp for women. Peel Binge Busters – healing women's issues. (Evaluated by Peel South West Division of General Practice)
- Pastoral Care Conference in Geraldton WA

2004 – 2019

WIYL – Mental Health Professionals training

- 3 x 2-day program series run twice yearly
- Psychologists, social workers, Aboriginal health workers, GP's, nurses, counsellors
- Teaching theory and applications of WIYL's programs and how to use WIYL programs in workplaces, clinical practice and for self-care

Feb 2007 – May 2009

ICCWA – Building Resilience in the South West

- Contracted to run short weekly workshops as well as multiple longer programs across the South West of WA
- Evaluated by ICCWA
- **Won the Suicide Prevention Australia 2009 LIFE Award – Healthy Communities**

2009

ICCWA – Health Professionals Capacity Building

- 1 year project
- Capacity Building in Health Professionals in the South West of WA
- Evaluated by ICCWA
- *Average ratings of 9.6/10 as self-care*

2009

ICCWA – Aboriginal men’s and women’s healing camps

- Injury Control Council of WA and Southwest Aboriginal Health groups
- Evaluated by ICCWA and this resulted in the 2010-2012 Aboriginal Healing projects

2009

Bunbury WA – Aboriginal Healing Camp

- For young Aboriginal people identified as future leaders
- Evaluated by The Bunbury Aboriginal Healing Centre

2009 – 2010

Bunbury Pathways – Mental Health Program

Funded by the Department of Education and Training
Evaluated by Bunbury Pathways

2010

Doctoral thesis by Dr Beth Jackson

- Community psychology
- *The way of connection: Journeys with the Map of Loss*

2010 – 2012

ICCWA – Suicide Prevention Project

- 2 year project extended by 1 year
- Funded by the Department of Health and Ageing
- Suicide prevention in Aboriginal communities (Albany, Broome, Perth, and multiple South West towns in WA)
- *2012 Finalist - John da Silva Award for Improved Outcomes in Aboriginal social and emotional wellbeing*
- Evaluated by Rebecca Cotton, program met best practice guidelines for Aboriginal mental health

2013 – 2019

South West Aboriginal Medical Service (SWAMS) – camps

- SWAMS Bunbury, Healthy Lives team – empowering their workers and women’s healing camps
- Initially funded for one program, evaluation by SWAMS led to subsequent programs over 6 years
- Limited funds meant camps were limited to annual however, the workers and community support and recommend monthly workshops/camps

2012

Great Southern Aboriginal Medical Corporation – Prison Healing programs

- Four workshops in Albany’s maximum security prison
- Funded and evaluated by the Great Southern Aboriginal Medical Corporation

2012 – 2019

various contracts with a variety of agencies

- Heart Foundation; 2 workshops in Karratha and Roebourne
- Injury Control Council; 2 one day programs
- Injury Matters; 2 workshops in Kellerberrin for families and workers
- Connect Groups; numerous Healing programs
- Graylands Hospital; Department of Health Aboriginal workers training

2014

Quitline Aboriginal Alcohol & Drug Training

- Four workshops for workers
- Evaluated by The Drug and Alcohol Office

2016 – 2017

Youth Justice Innovation fund

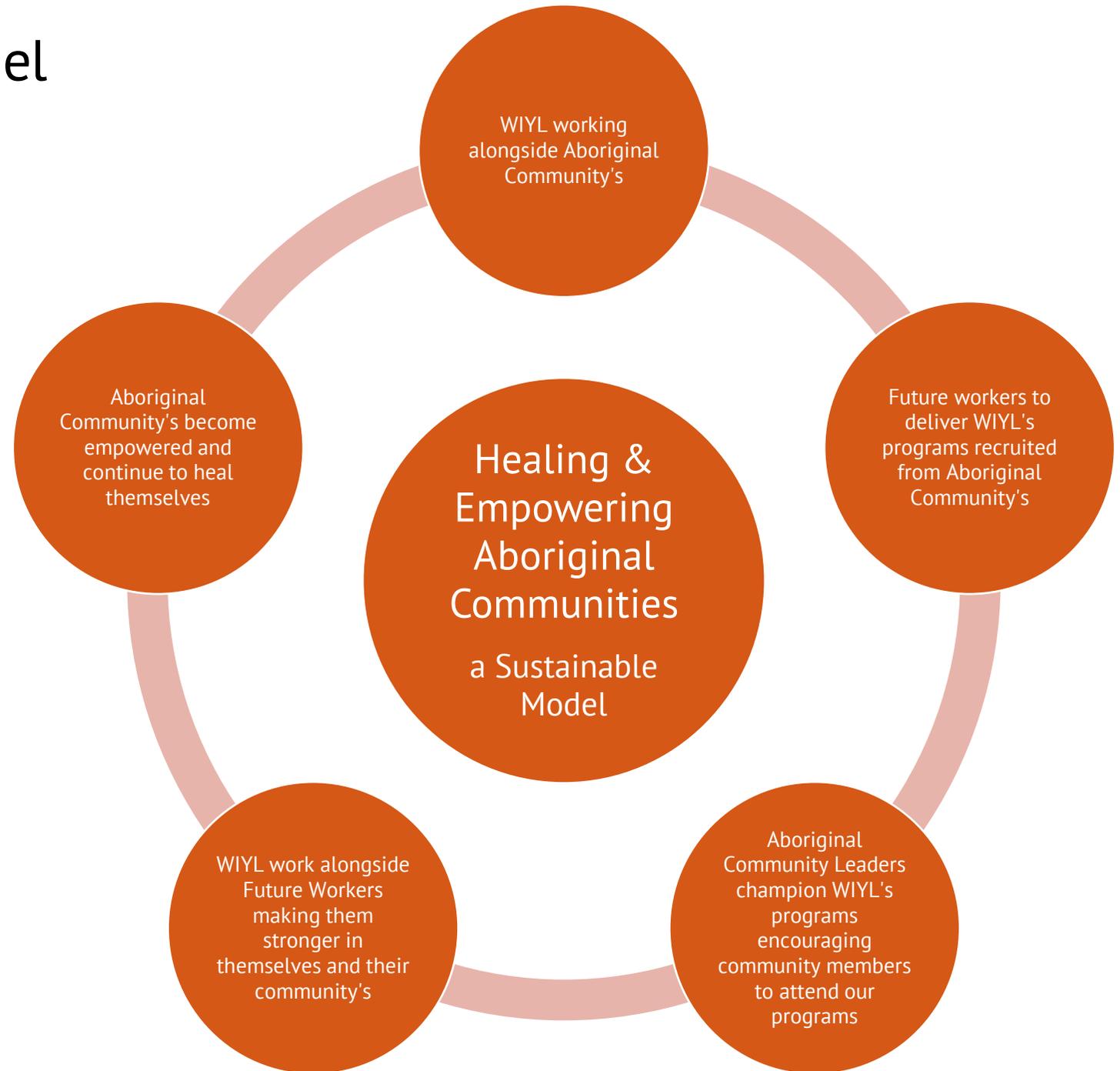
- 3 day program in Banksia Hill Detention Centre for detainees
- *138 young offenders voluntarily completed the program*
- Followed by community workshops in Collie, Roebourne, Newman, Karratha and Port Hedland

A Sustainable Model

The key to a Sustainable Model is Healing and Empowering Aboriginal Communities.

WISDOM in your Life's evidence-based programs empower Aboriginal Communities and heals trauma creating interdependence and sustainable autonomy which breaks the cycles of dependence.

Integral to this process is working alongside Aboriginal Communities.



The Consortium for Eliminating Aboriginal Disadvantage

WISDOM in your Life (WIYL) have worked alongside Aboriginal Communities for over 20 years.

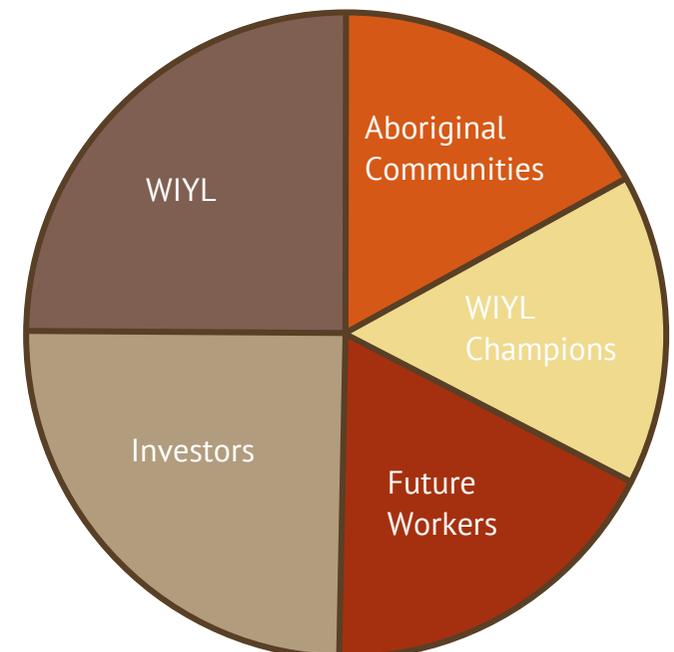
We invite **Aboriginal Community Leaders** to attend our programs. We leave it up to them and their community if they want our programs. In this way, Aboriginal Communities have ownership of the process. Over the years, WIYL have developed many **Champions** who support and advocate for our programs.

Our **Sustainable Social Change Model** empowers Aboriginal Communities to have ownership for their own healing, and their communities healing. We will do this in an integrated manner, running our programs across the state, working alongside Aboriginal Communities to heal and empower. Using a bottom up approach, that addresses the root cause we can affect change in all areas of Aboriginal Disadvantage.

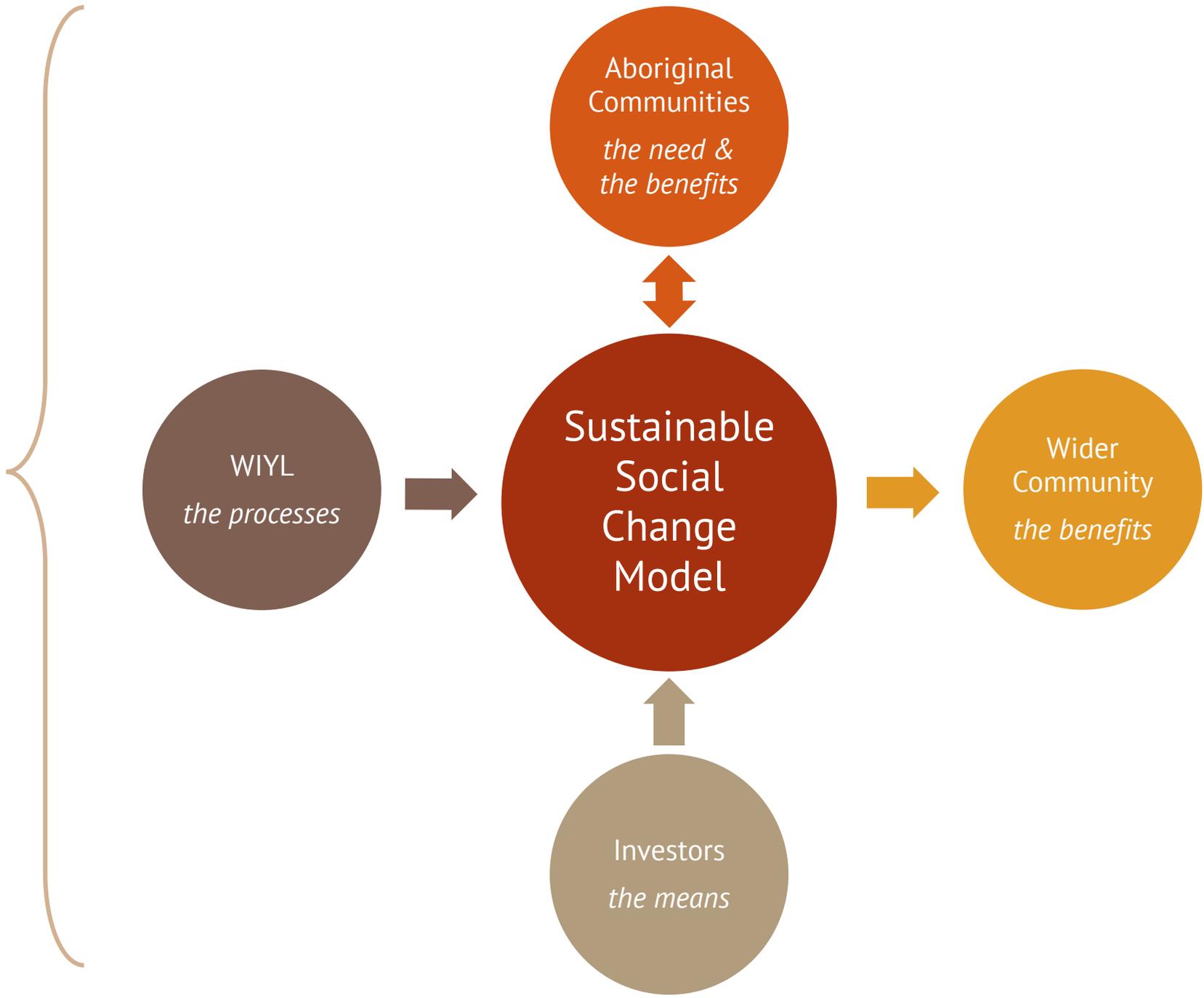
In the first six months of the Establishment Phase, current WIYL staff will deliver workshops for the Aboriginal Community Leaders in each of the nine regions and will jointly identify potential **Future Workers** from their region. These Future Workers will be trained to deliver our programs to their communities.

Aboriginal Community Leaders will continue to **Champion** our work and encourage community members to attend our programs.

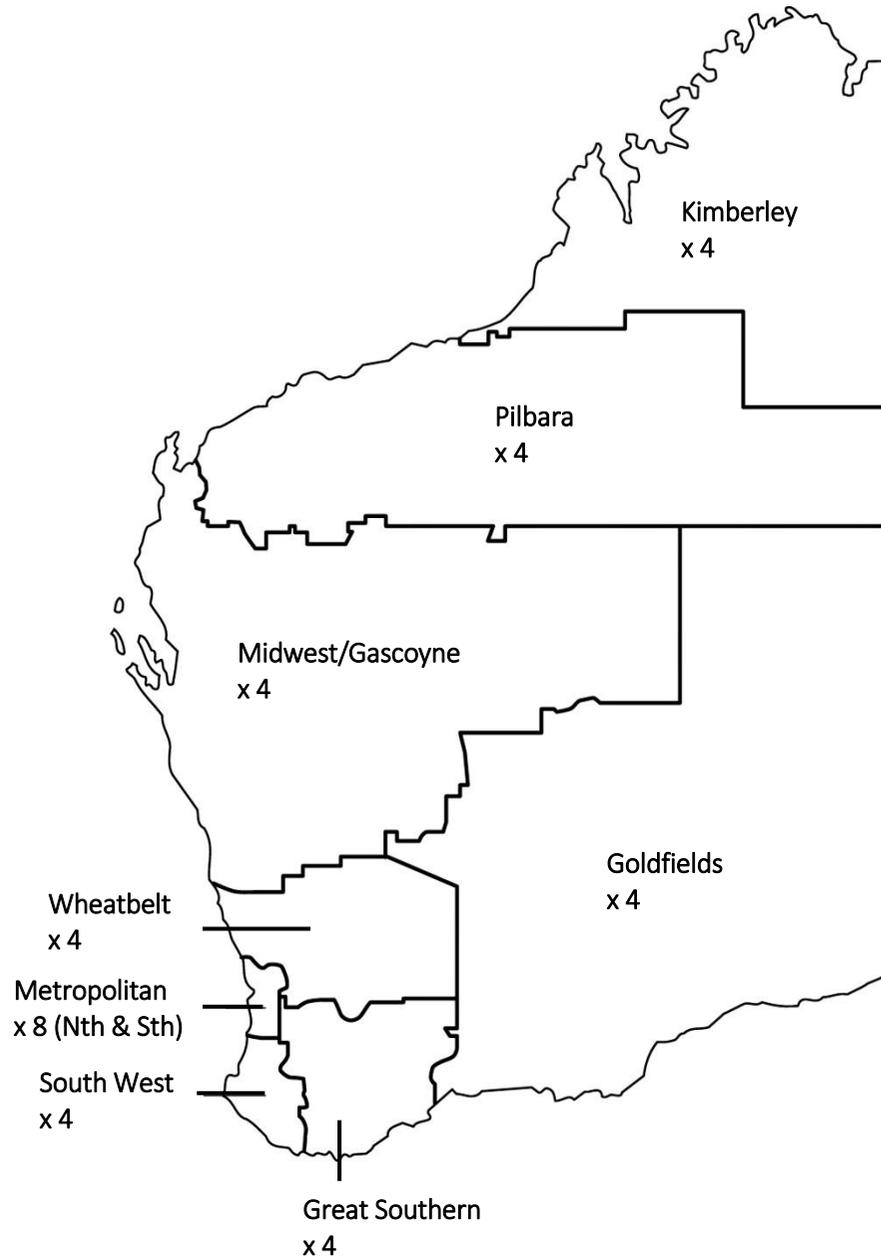
Investors provide funds required to deliver our Sustainable Social Change Model and together with WIYL, our Future Workers, Aboriginal Communities and our Champions, we will form the **Consortium to Eliminate Aboriginal Disadvantage**.



Consortium for Eliminating Aboriginal Disadvantage



Workforce for Eliminating Aboriginal Disadvantage



Cultural Consultant & Psychological Consultant

2 x Logistics Coordinators

36 x full-time staff employed across Western Australia (see map for region allocations)

WIYL and Aboriginal Communities will work together to identify a suitable workforce for their region.

Each team of 4 workers will require:

- At least one tertiary trained worker
- At least one worker with strong cultural connections

Maintaining Relationships

Yearly – all staff will meet for 2 weeks intensive training in one region (rotate region each year).

Quarterly – For 3 days each quarter, 3 x non-neighbouring regions will meet with a focus on strengthening cultural connections between their communities.

Monthly – 2 days per month, neighbouring regions will come together to discuss quality improvements in program delivery.

NB. Consultants and Logistics Coordinators will attend yearly and quarterly meetings.

WISDOM in Your Life – our people

Shaun Nannup – Executive Director/Cultural Consultant

Shaun's grandmother was a Jaru woman, Rubyanna who was taken from Halls Creek to Beagle Bay Mission, she later married a Japanese man, Shiosaki. Shaun's other grandmother was a Ngarluma Yindjibarndi woman from Millstream/Roebourne taken to Moore River mission and married a Whadjuk Wardandi man. Shaun has been learning from Elders on country for over 35 years. His work in such areas as mentoring, leadership and healing are highly referred and respected, within both Indigenous and mainstream communities. He has been facilitating programs for 12 years.

Roslyn Snyder – Executive Director/Psychological Consultant

Roslyn has Scottish and Italian ancestry but grew up in the WA wheatbelt. Roslyn is a psychologist with 25 years experience and since 1997 has been learning from Elders. She teaches people to build capacity, integrity and harmony into human systems. Roslyn specialises in designing programs that have outcomes built into the design, using tri-integration techniques, which have been shown to be more robust than quantitative statistics in social research settings.

Storm Motohata

Storm is a Nyul Nyul and Yawuru woman from the Kimberley region of Western Australia and grew up living and learning off the land for part of her childhood. At 13 she moved to Perth to finish her schooling, which she did and found her way working in public health, planning, strategy and implementation, and community programs. She is now working in corporate training, mentoring and coaching.

Todd Goode

Todd's maternal Grandfather was a Gumbaingi man, from Mid North NSW. His family has always had a tight connection to the Grafton community and the Land Council (GNLC). Todd went to school in Kwinana, WA and Newcastle, NSW. He has worked as a Welfare Officer in WA juvenile detention, has a Cert IV in Diverse Mentoring (Indigenous) and is currently completing his Bachelor of Laws degree (LLB) with a Psychology Major at Murdoch University, WA.

WISDOM in Your Life
Address: 9a Lanao Way, Atwell WA 6164
Ph: 08 9499 4053

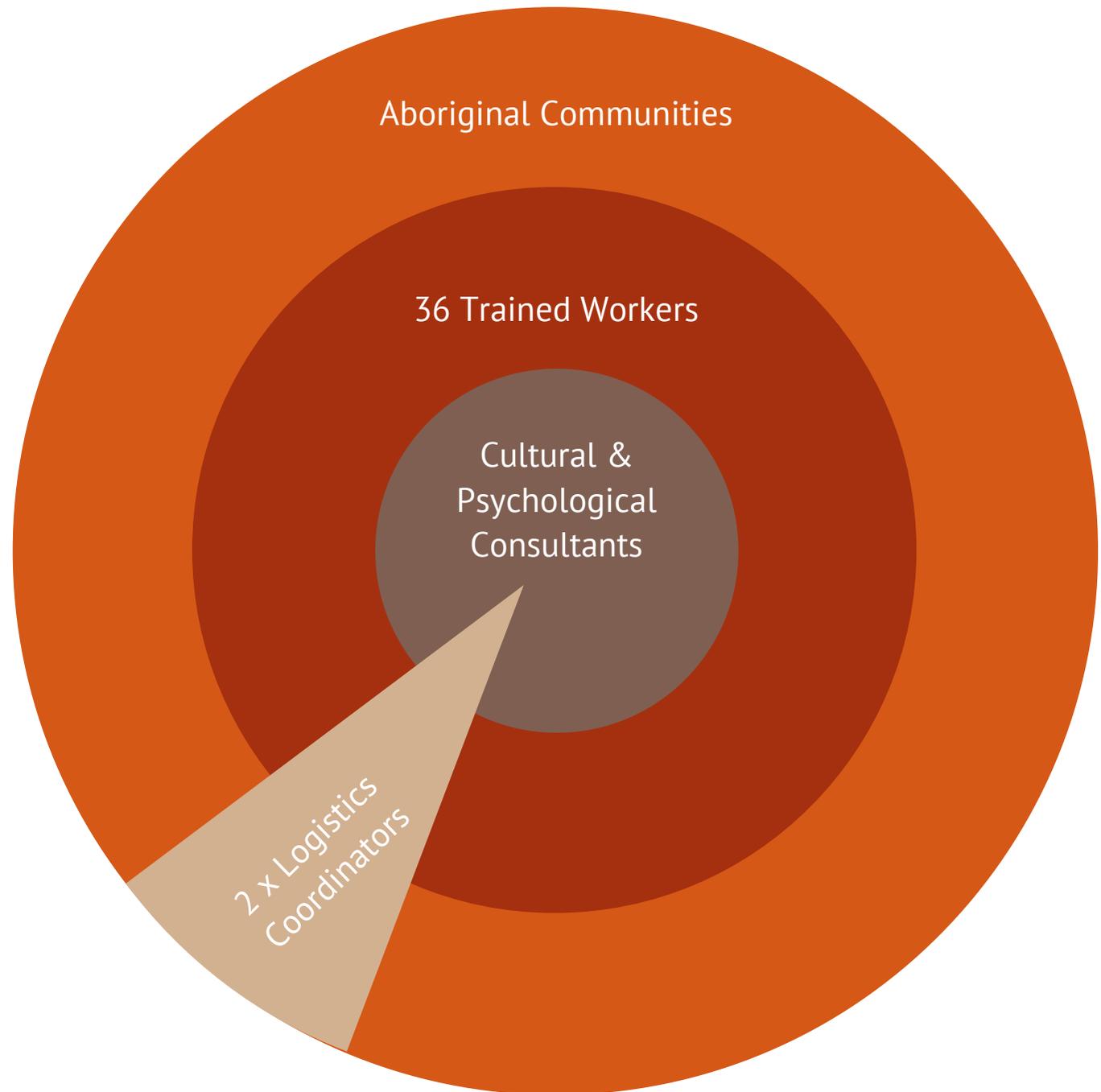
E: info@wisdominyourlife.com.au W: www.wisdominyourlife.com.au



WISDOM IN YOUR LIFE
Psychological and Aboriginal Ways

Workforce & Relationships

An integrated approach



Establishment Phase

Year 1 to 2

Establish Workforce

- 3 months intensive training
- 36 Workers trained in 9 regions across WA
- 2 Logistics Coordinators
- Embed self-care processes

Establish Relationships with

- Aboriginal communities
- Referral networks
- The Consortium

Begin Delivery phase

- Year 1 – deliver a minimum of 100 free workshops for Aboriginal Communities
- Year 2 – deliver a minimum of 150 free workshops for Aboriginal Communities

Delivery Phase

Year 3 to 7

Deliver programs for Aboriginal Communities

- A minimum of 300 free 2-day workshops/year
- 1 week on country every 2yrs/region
- Establish healing protocols for each region

Deliver continual professional development (CPD) for the Workers

- 2 weeks intensive training/year

Begin measuring outcomes

- Measure outcomes at individual, micro, meso and macro levels

Begin Sustainability phase

- Relationship building with the wider community

Sustainability Phase

Year 8 to 10

Develop sustainable business models

- Consult with The Consortium and Workers
- License Workers to create their own businesses.

Continue with Delivery phase for Aboriginal Communities

- A minimum of 300 free 2-day workshops/year
- 1 week on country every 2yrs/region
- Strengthen healing protocols for each region

Continue measuring outcomes

- Measure outcomes at individual, micro, meso and macro levels

Sustainable CPD for Workers

- 2 weeks intensive training/year
- Focus on sustainable practices

Strengthen sustainability

- Relationship building with the wider community

Timeline

Establishing

Year 1 to 2

Establish Workforce

Establish relationships

Begin Delivery phase

Delivery

Year 3 to 7

Deliver programs for
Aboriginal Communities

Deliver continual professional
development of Workforce

Begin measuring outcomes

Begin Sustainability phase

Sustainability

Year 8 to 10

Develop sustainable
business models

Continue with Delivery phase
for Aboriginal Communities

Continue measuring outcomes

Focus on sustainable CPD
for the Workforce

Strengthen sustainable
relationships with the wider
Community

Our programs heal trauma by creating new neural pathways



Aboriginal health and wellbeing is compromised by trauma. Children absorb trauma from past generations, unconsciously. Counselling/yarning, information and awareness does not heal trauma. These assume verbal consciousness, whereas when a child absorbs trauma, this is unconscious and non-verbal.

To heal trauma requires building implicit neural pathways and transforming the emotion. Some people manage by distracting themselves on education, working, or sport, but this does not heal or stop the emotional pain being passed on to the next generation. Our programs, through the use of the five Aboriginal modalities (art, story, language, song and dance) integrate the conscious with the unconscious, verbal with non-verbal, left and right brain, creating new neural pathways and healing trauma.

An Aboriginal boy catching tadpoles asks his Nan whether she caught tadpoles as a kid. His Nan says, with a smile, "we don't look back, bub, we only look forward". The young boy hears the words but absorbs her pain. Pain transforms to anger and at 13 he rages and is incarcerated. He does not know why he steals, is violent and uses drugs. His Nan, can't understand either, she told him to forget about the past. Later he learns her history, she was 'taken' and 'abused'. His anger transforms to despair. He suicides.

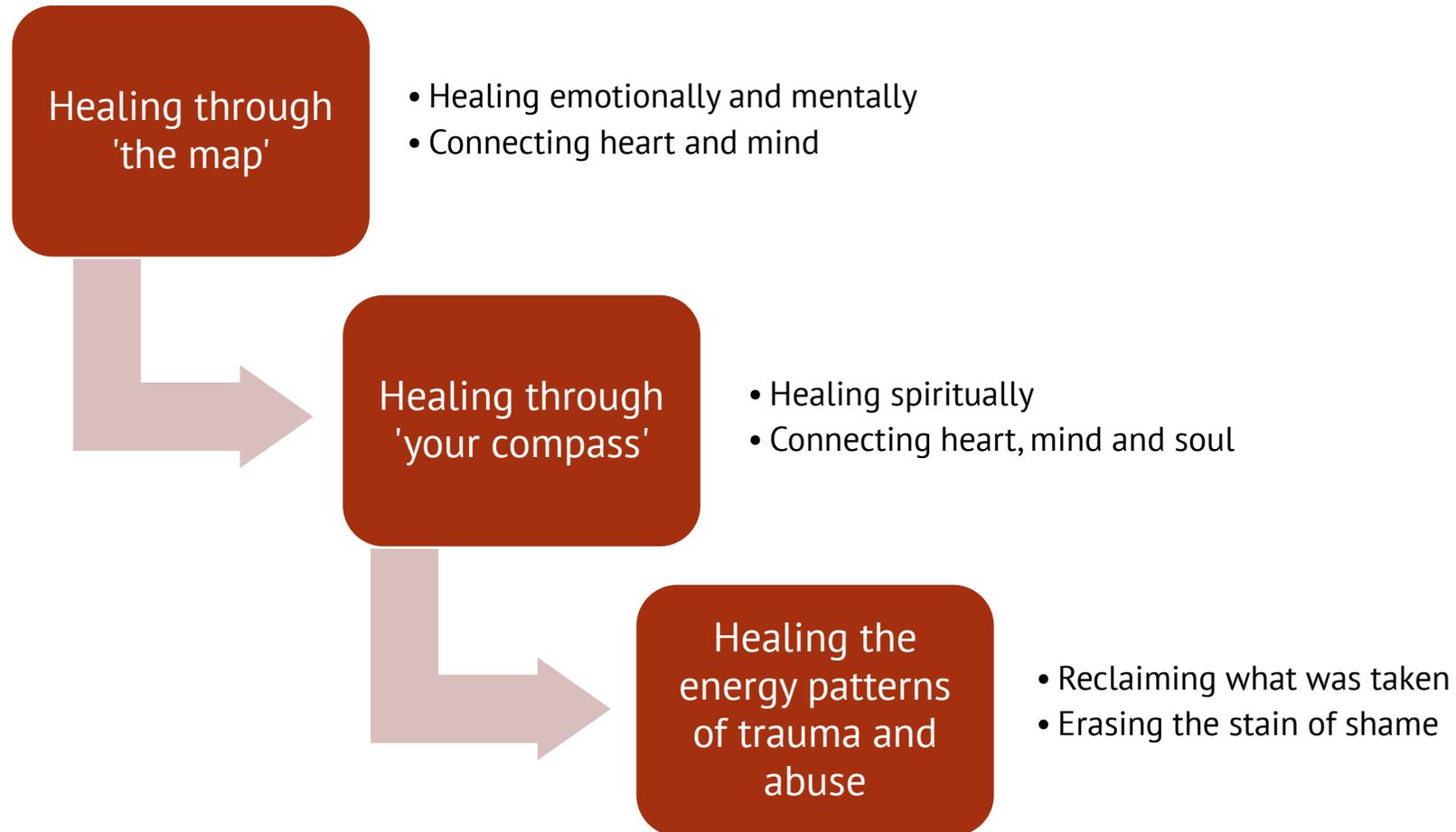
The overrepresentation in justice and welfare systems, the mortality and morbidity rates, and employment and education outcomes for Aboriginal people will continue to get worse until this trauma is healed. Intergenerational and transgenerational trauma is emotional pain. When people are emotional they do things automatically without conscious thought. How many people eat fatty foods when stressed, or drink too much when celebrating? When the trauma is generational the behaviours get worse each generation, unless it is healed. This is why we see young people doing things that two generations ago were unheard of.

WISDOM in Your Life's unique programs combine Psychological and Aboriginal Ways to heal. Previous projects focussed on suicide prevention, alcohol and drug, chronic disease, sport development, employment, education, and incarceration. Thirteen independent evaluations, awards and best practice standards shows what we do works.



Healing Transgenerational & Intergenerational Trauma – 3 stages

For anyone in the community who is struggling. Aiming for 3 to 5 members from each family group.



**Injury Control Council of WA
A Way Through – Building Capacity of
the Rural Health Workforce Final Report
27th July 2009**

Recommendations (pg. 52)

Members of the Aboriginal community would like it [our programs] to be made available on an on-going basis as they recognise the healing potential it provides for people, **“needs to be more following on, too much grief in the Noongar community”**. Other comments from Aboriginal participants **“I will recommend this workshop to everybody, I really enjoyed it, makes me want to present it myself to others”**. And from a Coordinator of Indigenous Health, **“take to Narrogin and Kununurra, to all Aboriginal communities”** Aboriginal workers from communities throughout Western Australia have requested information on how this can be available in their community. ICCWA is currently exploring funding options and consulting with Aboriginal community members. The healing process facilitated by this model will give hope, assist Aboriginal people to heal, feel empowered and strengthen their local community.

**138 young offenders voluntarily attended
a 3 day mental health program in 1 year**

***Took a community
from despair to hope***

**Doctoral Thesis
(Community Psychology)
by Beth Jackson 2007**

**The way of connection:
Journeys with the map of
loss pg. 124**

**“The map enables change
through individual or group
empowerment, developing
common values and goals in
strategic planning, or building
stronger communities.”**

**26 out of 27
repeat offenders
did not re-offend
for 7 years**

**Rebecca Cotton for Injury Control Council of WA
Project Evaluation Report
Aboriginal People Healing Through the Map
May 2011**

Participant insights (pg. 35-36)

“One Elder reported being ‘amazed’ at how well the workshops worked, as they empowered people to take control of their own lives, without any pressure.”

“One Elder reported being ‘amazed’ that such deep healing could be achieved in such an easy way with lots of laughter and fun.”

“One participant said she would drop a court case she had pending because she realised that she was caught up in the community feuding, fuelled by anger, blame, and vengeance and that this was keeping her stuck and unable to move on”

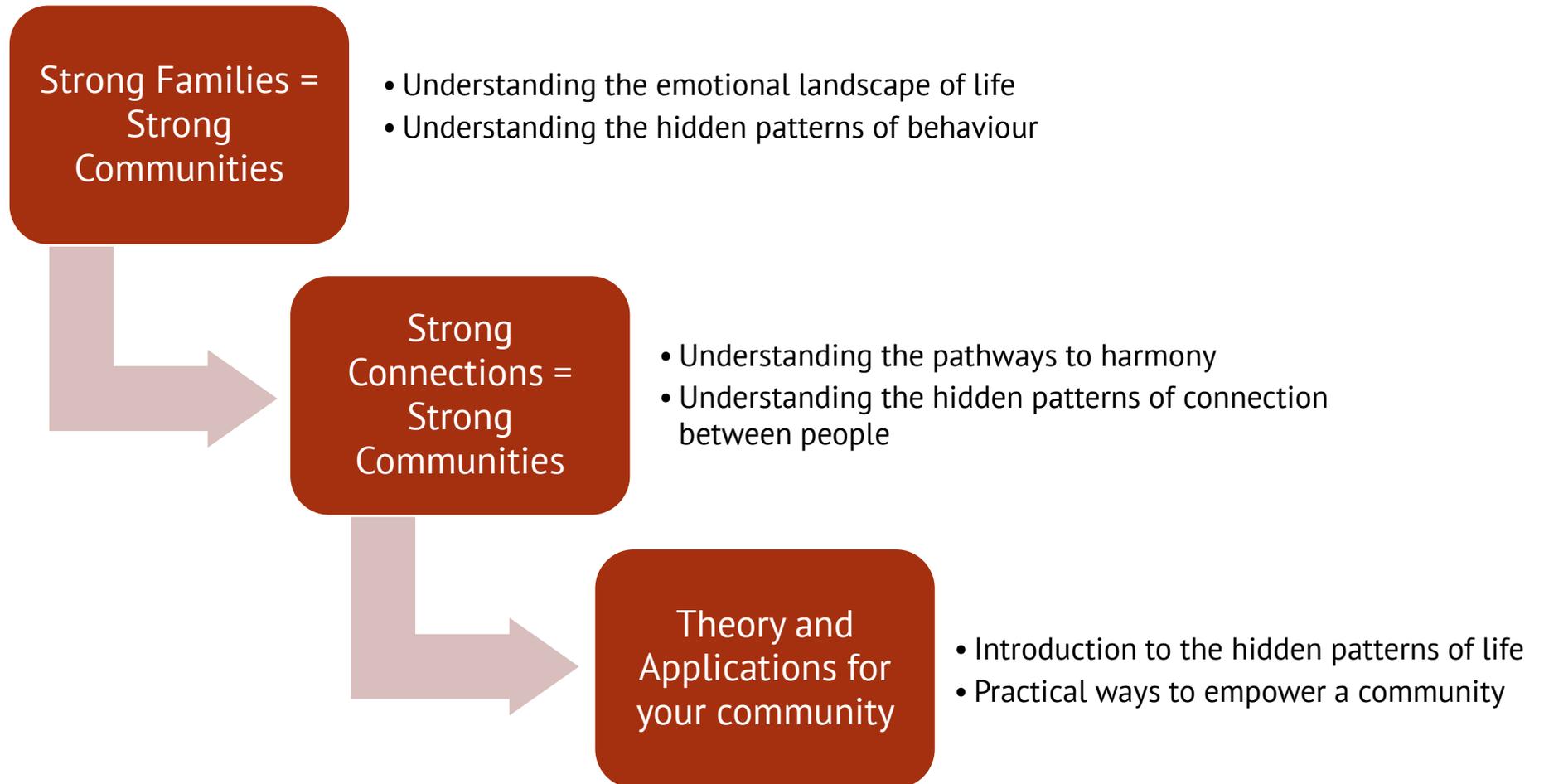
“One participant said that he had been contemplating suicide at the start of the workshop but was now feeling some hope for the future.”

Comments on participant evaluation forms (pg. 42)

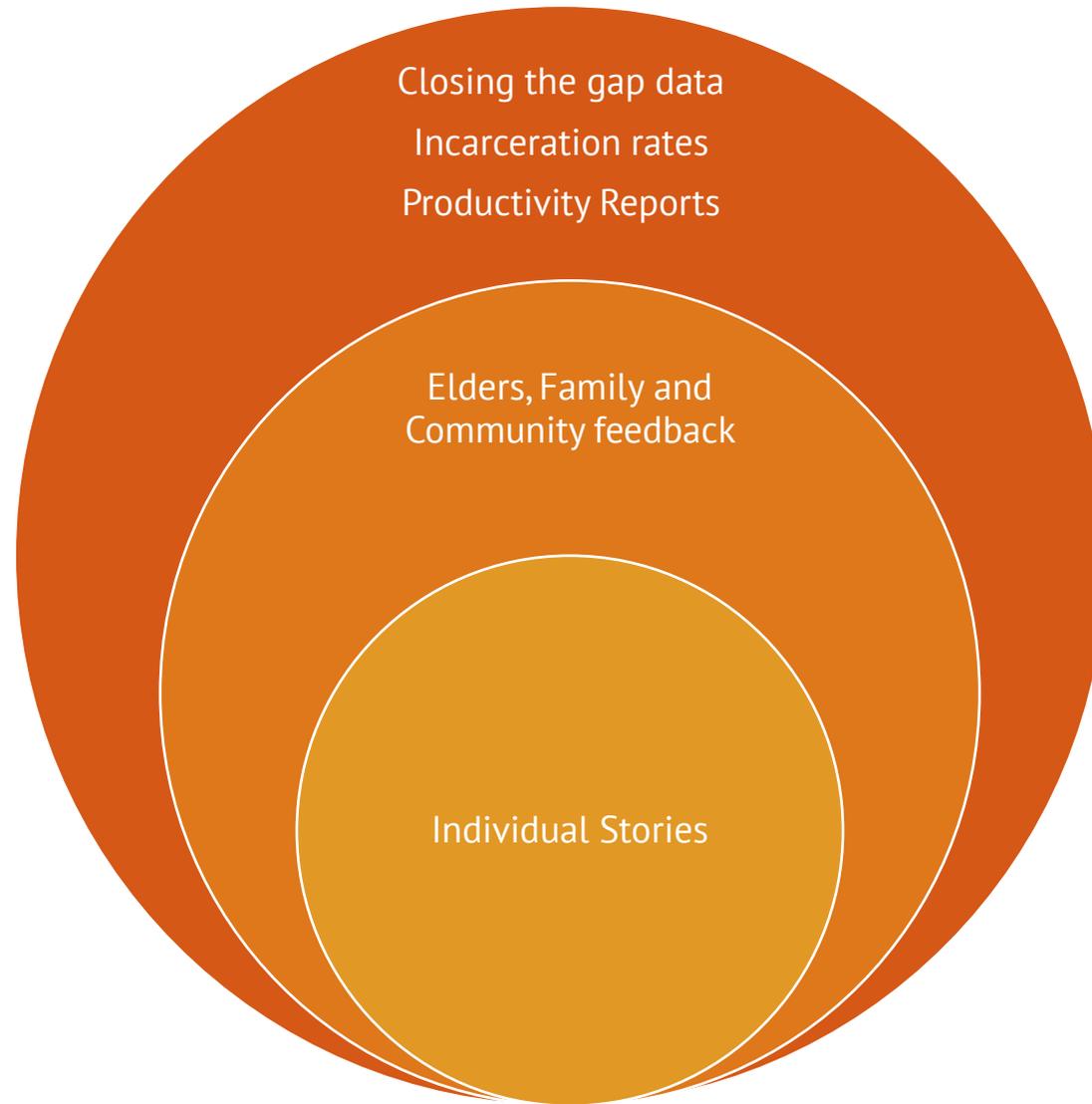
“Doing Map of Loss has lifted and healed my spirit, my mind and a weight off my shoulders. It has given me a way to keep moving forward to healing and not grieving.”

Empowering Aboriginal Communities – 3 stages

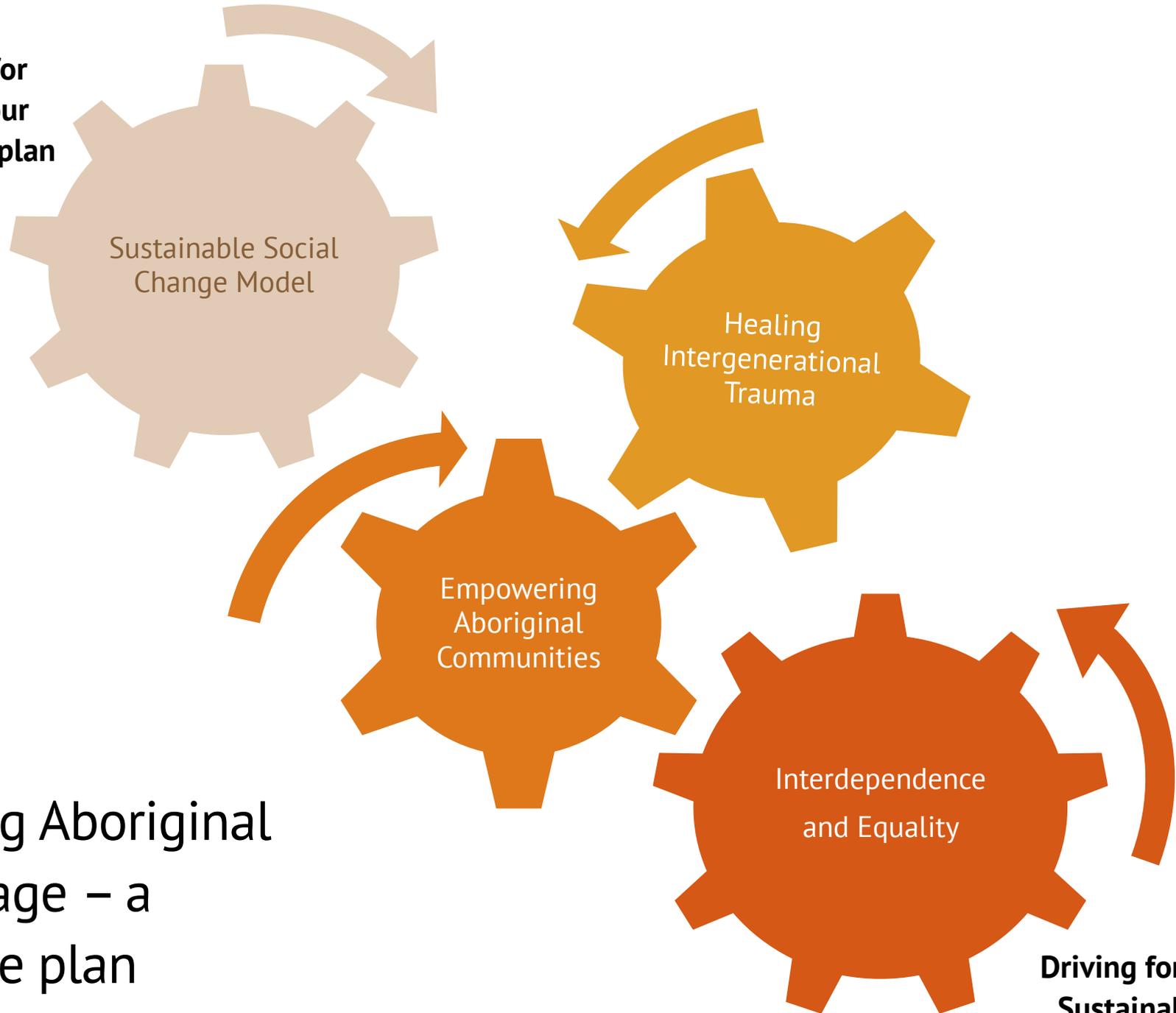
For community leaders and workers. Aiming for 30% of Aboriginal community leaders and workers attending these programs



Evaluation



**Driving force for
WISDOM in your
Life's 10 year plan**



**Eliminating Aboriginal
disadvantage – a
sustainable plan**

**Driving force for
Sustainability**



WISDOM in Your Life

ABN: 32 618 554 822

A: 9a Lanao Way, Atwell WA 6164 **T:** 08 9499 4053

E: info@wisdominyourlife.com.au **W:** www.wisdominyourlife.com.au